



The **KNOW** Program Parent Short Guide

The **kNOw** Program is a safe environment program designed specifically for the Diocese of Lansing where children gather: schools, churches, youth groups, ministry groups or mission fields.

The **KNOW** Program has FOUR goals:

1. To help children and their parents **KNOW** how to identify and talk about safe, respectful behaviors and situations.
2. To help children **KNOW** how to identify and talk about behaviors and situations that are not safe.
3. To help adults appropriately respond to children's concerns and being unsafe and/or disrespected.
4. To inspire Christian communities to greater integrity and authenticity in creating unflinchingly safe environments for children.

LANGUAGE USED in the **kNOw** Program

“Sexual predators have hijacked the word “special” and use it as a grooming technique. The **kNOw** Program recaptures the word “special” and uses it honestly, not manipulatively. Also, the language is intended to be sensitive to children's innocence and it honors the parent's God-given right to introduce more graphic language when he/she see fit. The following are popular terms (buzz words) NOT used, but described, in the **kNOw** Program: **body shaming, predator, grooming behaviors, sexting, safe touch, disrespectful, unsafe and harming touch, unsafe peers and adults, sexual harassment, porn and pornography, sex, sexual abuse, perpetrator, predator.**

Slides 1-9

These Slides are meant too establish the **correlation** between **value** and **care**. And are intended to build rapport between you and your child. Take your time, **don't rush**.

Notes:

Slides 18-27

Consider the **beautiful aspects** that make up the child. Begin the discussion of **caring** for one's soul and one's feelings.

Notes:

Slides 10-14

These Slides establish the **specialness, dignity** and **value** of the child because s/he is **made by God** and **loved by God**. The CHILD deserves more careful care than any special thing.

Notes:

Slides 28-37

Begins the consideration of the **child's body**. Content is still fairly casual and continues to **build rapport** between **you** and **your child**.

Notes:

Slides 15-17

Establish some of the **people** who usually are/should be **responsible** for **caring** for your child and responsible for keeping him/her **safe**.

Notes:

Slides 38-50

Begins the **more serious** consideration of the child and their body. Consideration begins to deal with the holiness and privacy of the child's body. Do not appear aloof. Ask easy questions. “**What is your favorite outfit? Where do you wear it? What do you hate to wear? Why?**”

Notes:

Slides 51 - 55

This content introduces Children's **empowerment**. Until this point, **kNOW** has established the foundation for deserving care and protection. Now the tools for safety are introduced. Your child's words and voices become the **tool for safety**. If your child is shy, slow down and encourage participation.

Notes:

Slides 56 - 68

Don't deviate from the script. Don't rush the content. Typical labels for abuses are excluded. Description are offered instead. In a group setting, the **Presenter** will not ask, "has this ever happened to you?" Up to this point children have been encouraged and empowered. Public disclosure will likely embarrass child from disclosing harm or abuse later in private.

Notes:

Slides 69 – 76

Your child will practice vocalizing concerns. If your child's response is shy or weak, practice with them.

Notes:

Slides 77—78

This content extends the learner empowerment to include his/her friends

Notes:

Slides 79 - 81

This content is short but **IMPORTANT**. These slides focus on parent/child receptivity. These slides focus on **Belief, Calm, Prayer, Resources**.

Notes:

Slides 82 - 85

Recap the dignity of the child, the value of her/his feelings, the new experience of empowerment of self-advocacy. This should **not be rushed**.

Notes:

Slides 86-89

Repeat each of the slides with your child. Help your child to feel confident. You should be confident and clear. Don't rush.

Notes:

Final Slide

Pray the prayer **together**.