

THE ROMAN RITUAL:  
HOLY COMMUNION AND WORSHIP  
OF THE EUCHARIST OUTSIDE MASS

CHAPTER I:

RITE OF DISTRIBUTING  
HOLY COMMUNION  
OUTSIDE MASS  
WITHIN A  
CELEBRATION OF THE WORD

PRESIDER'S TEXT

OPTION B: FOR A PRIEST OR DEACON

# ORDER OF SERVICE

## INTRODUCTORY RITES

**Greeting**

**Penitential Rite (three options)**

*Option I – invitation, Confiteor, conclusion*

*Option II – invitation, prayer and response, conclusion*

*Option III – invocations with response, conclusion*

## CELEBRATION OF THE WORD

*One or more readings- from the Mass of the Day; from the Votive Mass of the Holy Eucharist;*

*Votive Mass of the Precious Blood; or readings suited to a particular need*

**First Reading**

**Responsorial Psalm**

**[Second Reading]**

**Gospel Acclamation**

**Gospel**

**Reflection**

*Silent reflection or a brief homily/reflection*

**Intercessions**

## **[SECOND OPTION: SHORT FORM OF THE READING OF THE WORD]**

*The presider or other person reads a brief scriptural text:*

**John 6: 54-55**

**John 14:23**

**John 6: 54-58**

**John 15:4**

**John 14:6**

**1 Corinthians 11:26**

**1 John 4:16**

## HOLY OF COMMUNION

*Blessed Sacrament taken from the tabernacle to the altar*

**Lord's Prayer**

**Sign of Peace**

**Ecce Agnus Dei**

**Quiet Prayer of the presider**

**Distribution of Holy Communion [may be accompanied by a hymn]**

**Reposition of the Blessed Sacrament**

**Period of Silence, song, or psalm**

**Concluding Prayer**

## CONCLUDING RITE

**Greeting**

**Blessing**

**Dismissal**

**[Hymn]**

## INTRODUCTORY RITES

### Greeting

**Presider:** The grace and peace of our Lord Jesus Christ  
and the love of God  
and the fellowship of the Holy Spirit be with you all.

**All:** And also with you.

**OR**

**Presider:** The Lord be with you.

**All:** And also with you.

**OR**

**Presider:** The grace and peace of God our Father  
and the Lord Jesus Christ be with you.

**All:** And also with you.

**Penitential Rite: Option I**

**Presider:** My brothers and sisters,  
to prepare ourselves for this celebration,  
let us call to mind our sins.

*Pause for silent reflection*

**All:** I confess to almighty God,  
and to you, my brothers and sisters,  
that I have sinned through my own fault  
in my thoughts and in my words,  
in what I have done,  
and in what I have failed to do;  
and I ask blessed Mary, ever virgin,  
all the angels and saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

**Presider:** May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

**All:** Amen.

**Penitential Rite: Option II**

**Presider: My brothers and sisters,  
to prepare ourselves for this celebration,  
let us call to mind our sins.**

*Brief silent reflection*

**Presider: Lord, we have sinned against you.**

**All: Lord, have mercy.**

**Presider: Lord, show us your mercy and love.**

**All: And grant us your salvation.**

**Presider: May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.**

**Penitential Rite: Option III**

**Presider: My brothers and sisters,  
to prepare ourselves for this celebration,  
let us call to mind our sins.**

*Brief silent reflection*

**Presider: You brought us to salvation by your paschal mystery:  
Lord, have mercy.**

**Presider: You renew us by the wonders of your passion:  
Christ have mercy.**

**All: Christ, have mercy.**

**Presider: You give us your body to make us one with your Easter  
Sacrifice: Lord, have mercy.**

**All: Lord, have mercy.**

**Presider: May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.**

**All: Amen.**

## CELEBRATION OF THE WORD

*You may choose one or more readings - from the Mass of the Day; from the Votive Mass of the Holy Eucharist (Lectionary nos. 976-981); Votive Mass of the Precious Blood (nos. 989-994); or readings suited to a particular need.*

### **First Reading**

### **Responsorial Psalm**

### **[Second Reading]**

### **Gospel Acclamation**

### **Gospel**

### **Reflection**

*Silent reflection or brief homily/reflection*

### **Intercessions**

**Presider:** Confident in the love of the Father,  
let us turn to him with our petitions.

### **Petitions**

*See GIRM 69-71*

### **Concluding Prayer**

**Presider:** Father,  
be near to your people.  
Hear and answer our prayers  
for we trust in your kindness and compassion.  
We ask this through Christ our Lord. Amen.

## RITE OF COMMUNION

*The presider brings the hosts from the tabernacle to the altar.*

### Lord's Prayer

**Presider:** Let us pray with confidence to the Father  
in the words our Savior gave us:

**Our Father, ...**

### Sign of Peace

*optional*

**Presider:** Let us offer each other the sign of peace.

### Ecce Agnus Dei

*The minister genuflects. Taking the host, he raises it slightly over the vessel or pyx and, facing the people, says:*

**Presider:** This is the Lamb of God who takes away the sins of the world. Happy are those who are called to this supper.

**All:** Lord, I am not worthy to receive you, but only say the word and I shall be healed.

### Distribution of Communion

*If the minister receives communion, he says quietly:*

**Presider:** May the body of Christ bring me to everlasting life.

*He/she reverently consumes the Body of Christ.*

*Then he/she takes the vessel and goes to the communicants.*

**Presider:** Body of Christ.

**Communicant:** Amen.

*During the distribution of Holy Communion, a hymn may be sung.*

*The presider returns any remaining hosts to the tabernacle.*

*A period of silence may be observed. A psalm or hymn of praise may be sung.*

**Prayer After Communion**

*See also HCWEOM , 38*

**Presider:** Let us pray.

**Lord Jesus Christ,  
you gave us the Eucharist  
as the memorial of your suffering and death.  
May our worship of this sacrament of your body and blood  
help us to experience the salvation you won for us  
and the peace of the kingdom  
where you live with the Father and the Holy Spirit,  
one God, for ever and ever.**

**OR**

**Lord, you have nourished us with bread from heaven.  
Fill us with your Spirit,  
and make us one in peace and love.  
We ask this through Christ our Lord.**

**OR**

**Father, you give us food from heaven.  
By our sharing in this mystery  
teach us to judge wisely the things of earth  
and to love the things of heaven.  
Grant this through Christ our Lord.**

**OR**

**All powerful God, you renew us with your sacraments.  
Help us to thank you by lives of faithful service.  
We ask this through Christ our Lord.**

**All:** Amen.

## CONCLUDING RITE

### Greeting

**Presider:** The Lord be with you.

**All:** And also with you.

### Blessing

**Presider:** May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.

**All:** Amen.

*Instead of this formula, one of the following solemn blessings may be used or any other solemn blessing or prayer over the people, as in the Concluding Rite of Mass as found in the Roman Missal.*

**Presider:** May the Lord bless you and keep you.

**All:** Amen.

**Presider:** May his face shine upon you and be gracious to you.

**All:** Amen.

**Presider:** May he look upon you with kindness,  
and give you his peace.

**All:** Amen.

**Presider:** May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.

**All:** Amen.

**OR**

**Presider: May the peace of Christ  
which is beyond all understanding  
keep your hearts and minds  
in the knowledge and love of God  
and of his Son, our Lord Jesus Christ.**

**All: Amen.**

**OR**

**Presider: May almighty God bless you in his mercy,  
and make you always aware of his saving wisdom.**

**All: Amen.**

**Presider: May he strengthen you with proofs of his love,  
so that you will persevere in good works.**

**All: Amen.**

**Presider: May he direct your steps to himself and show you how to  
walk in charity and peace.**

**All: Amen.**

**Presider: May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.**

**All: Amen.**

**OR**

**Presider:** May the God of all consolation  
bless you in every way  
And grant you peace all the days of your life.

**All:** Amen.

**Presider:** May he free you from all anxiety  
and strengthen your hearts in his love.

**All:** Amen.

**Presider:** May he enrich you with his gifts  
of faith, hope, and love,  
so that what you do in this life  
will bring you the happiness of everlasting life.

**All:** Amen.

**Presider:** May almighty God bless you,  
the Father, and the Son, and the Holy Spirit.

**All:** Amen.

**OR**

**Presider:** May almighty God keep you from all harm  
and bless you with every good gift.

**All:** Amen.

**Presider:** May he set his Word in your heart  
and fill you with everlasting joy.

**All:** Amen.

**Presider:** May you walk in his ways,  
always knowing what is right and good,  
until you enter your heavenly inheritance.

**All: Amen.**

**Presider: May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.**

**All: Amen.**

### **Dismissal**

**Presider: Go in the peace of Christ.**

**All: Amen.**

**Hymn**

*Optional*

Source: *Holy Communion and the Worship of the Eucharist Outside Mass*  
approved for use in the dioceses of the United States of America  
by the National Conference of Catholic Bishops and confirmed by the Apostolic See.

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