

THE ROMAN RITUAL:
HOLY COMMUNION AND WORSHIP
OF THE EUCHARIST OUTSIDE MASS

CHAPTER I:

RITE OF DISTRIBUTING
HOLY COMMUNION
OUTSIDE MASS
WITHIN A
CELEBRATION OF THE WORD

PRESIDER'S TEXT

OPTION A: FOR A LAY PRESIDER

ORDER OF SERVICE

INTRODUCTORY RITES

Greeting

Penitential Rite (three options)

Option I – invitation, Confiteor, conclusion

Option II – invitation, prayer and response, conclusion

Option III – invocations with response, conclusion

CELEBRATION OF THE WORD

One or more readings- from the Mass of the Day; from the Votive Mass of the Holy Eucharist; Votive Mass of the Precious Blood; or readings suited to a particular need

First Reading

Responsorial Psalm

[Second Reading]

Gospel Acclamation

Gospel

Reflection

Silent reflection or brief homily/reflection by a qualified, deputed person

Intercessions

[SECOND OPTION: SHORT FORM OF THE READING OF THE WORD]

The presider or other person reads a brief scriptural text:

John 6: 54-55

John 14:23

John 6: 54-58

John 15:4

John 14:6

1 Corinthians 11:26

1 John 4:16

HOLY OF COMMUNION

Blessed Sacrament taken from the tabernacle to the altar

Lord's Prayer

Sign of Peace

Ecce Agnus Dei

Quiet Prayer of the presider

Distribution of Holy Communion [may be accompanied by a hymn]

Reposition of the Blessed Sacrament

Period of Silence, song, or psalm

Concluding Prayer

CONCLUDING RITE

Blessing (Lay)

Dismissal

[Hymn]

INTRODUCTORY RITES

Greeting

Presider: Brothers and sisters,
the Lord invites us to his table
to share in the body of Christ:
bless him for his goodness.

All: Blessed be God for ever.

Penitential Rite: **Option I**

Presider: My brothers and sisters,
to prepare ourselves for this celebration,
let us call to mind our sins.

Pause for silent reflection

All: I confess to almighty God,
and to you, my brothers and sisters,
that I have sinned through my own fault
in my thoughts and in my words,
in what I have done,
and in what I have failed to do;
and I ask blessed Mary, ever virgin,
all the angels and saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Presider: May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

All: Amen.

Penitential Rite: Option II

Presider: My brothers and sisters,
to prepare ourselves for this celebration,
let us call to mind our sins.

Brief silent reflection

Presider: Lord, we have sinned against you.

All: Lord, have mercy.

Presider: Lord, show us your mercy and love.

All: And grant us your salvation.

Presider: May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

Penitential Rite: Option III

Presider: My brothers and sisters,
to prepare ourselves for this celebration,
let us call to mind our sins.

Brief silent reflection

Presider: You brought us to salvation by your paschal mystery:
Lord, have mercy.

Presider: You renew us by the wonders of your passion:
Christ have mercy.

All: Christ, have mercy.

Presider: You give us your body to make us one with your Easter
Sacrifice: Lord, have mercy.

All: Lord, have mercy.

Presider: May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

All: Amen.

CELEBRATION OF THE WORD

You may choose one or more readings - from the Mass of the Day; from the Votive Mass of the Holy Eucharist (Lectionary nos. 976-981); Votive Mass of the Precious Blood (nos. 989-994); or readings suited to a particular need.

First Reading

Responsorial Psalm

[Second Reading]

Gospel Acclamation

Gospel

Reflection

Silent reflection or brief homily/reflection by a qualified, deputed person

Intercessions

**Presider: Confident in the love of the Father,
let us turn to him with our petitions.**

Petitions

See GIRM 69-71

Concluding Prayer

**Presider: Father,
be near to your people.
Hear and answer our prayers
for we trust in your kindness and compassion.
We ask this through Christ our Lord. Amen.**

RITE OF COMMUNION

The presider brings the hosts from the tabernacle to the altar.

Lord's Prayer

Presider: Let us pray with confidence to the Father
in the words our Savior gave us:

Our Father, ...

Sign of Peace

optional

Presider: Let us offer each other the sign of peace.

Ecce Agnus Dei

The minister genuflects. Taking the host, he raises it slightly over the vessel or pyx and, facing the people, says:

Presider: This is the Lamb of God who takes away the sins of the world. Happy are those who are called to this supper.

All: Lord, I am not worthy to receive you, but only say the word and I shall be healed.

Distribution of Communion

If the minister receives communion, he says quietly:

Presider: May the body of Christ bring me to everlasting life.

He/she reverently consumes the Body of Christ.

Then he/she takes the vessel and goes to the communicants.

Presider: Body of Christ.

Communicant: Amen.

During the distribution of Holy Communion, a hymn may be sung.

The presider returns any remaining hosts to the tabernacle.

A period of silence may be observed. A psalm or hymn of praise may be sung.

Prayer After Communion

See also HCWEOM , 38

Presider: Let us pray.

**Lord Jesus Christ,
you gave us the Eucharist
as the memorial of your suffering and death.
May our worship of this sacrament of your body and blood
help us to experience the salvation you won for us
and the peace of the kingdom
where you live with the Father and the Holy Spirit,
one God, for ever and ever.**

OR

**Lord, you have nourished us with bread from heaven.
Fill us with your Spirit,
and make us one in peace and love.
We ask this through Christ our Lord.**

OR

**Father, you give us food from heaven.
By our sharing in this mystery
teach us to judge wisely the things of earth
and to love the things of heaven.
Grant this through Christ our Lord.**

OR

**All powerful God, you renew us with your sacraments.
Help us to thank you by lives of faithful service.
We ask this through Christ our Lord.**

All: Amen.

CONCLUDING RITE

Blessing

Presider: ✠ May the Lord bless us,
protect us from all evil
and bring us to everlasting life.

All: Amen.

Dismissal

Presider: Go in the peace of Christ.

All: Amen.

Hymn

Optional

Source: *Holy Communion and the Worship of the Eucharist Outside Mass*
approved for use in the dioceses of the United States of America
by the National Conference of Catholic Bishops and confirmed by the Apostolic See.

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