#### Christian Communication and Relationship Enhancement

Based on the highly acclaimed program Prevention and Relationship Enhancement Program (PREP). This program is designed to teach couples communication skills and techniques for handling conflict and promoting intimacy with the aim of preventing future marital problems and divorce.

This program emphasizes constructive arguing techniques that allow couples to adjust their communication styles and achieve more positive and intimate communication, in a Christian setting.

Other Key topics:

- Expectations
- Commitment
- Values and beliefs



A Program of the Diocese of Lansing

### The WE C.A.R.E. Program teaches:

- How to communicate what you want out of your relationships.
- How to resolve conflict effectively and reduce arguments.
- How to solve problems as a team.
- How to keep friendship and intimacy as part of your relationship.
- How to develop skills to enhance understanding and maintain commitment.



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## A Program of the Diocese of Lansing

# Marriage Preparation

Sponsored by

Catholic Charities of Jackson, Lenawee & Hillsdale Counties (517) 782-2551

## **2016 Class Schedule**

Must attend both Friday & Saturday of the same weekend to complete the class successfully.

#### January

Friday, January 22nd, from 6p - 9p Saturday, January 23rd, from 9a - 12p

**March** Friday, March 11th, from 6p - 9p Saturday, March 12th, from 9a - 12p

#### Мау

Friday, May 13th, from 6p - 9p Saturday, May 14th, from 9a - 12p

#### August

Friday, August 5th, from 6p - 9p Saturday, August 6th, from 9a - 12p

#### November

Friday, November 11th, from 6p - 9p Saturday, November 12th, from 9a - 12p

Classes will take place at: Queen of the Miraculous Medal\* Seton Hall 606 S. Wisner St. Jackson, MI 49203

\*Location subject to change.

#### REGISTRATION FORM (please print legibly)

First Choice of Class D	ates:	Second Choice:
BRIDE:		GROOM:
(name as you	want it to appear on certificate)	_ GROOM:(name as you want it to appear on certific
Address:		_ Address:
City/State/Zip:		City/State/Zip:
Phone: (home)		Phone: (home)
Parish:		Parish:
Wedding Date:		
Upon com and a le	tter of attendance will be se	ficate of Participation will be given to you ent to your officiating priest or deacon.
Upon com and a le Officiating Priest or Dea	tter of attendance will be so	ent to your officiating priest or deacon.
Upon com and a le Officiating Priest or Dea Church Address: In order to regis WE C.A.R.E Make check payab	tter of attendance will be se non and Church Name: ter, please fill out this fo ., Catholic Charities of J 1522 Joy Ave., le to <b>Catholic Charities</b>	ent to your officiating priest or deacon.
Upon com and a le Officiating Priest or Dea Church Address: In order to regis WE C.A.R.E Make check payab Pre-r	tter of attendance will be se noon and Church Name: ter, please fill out this fo ., Catholic Charities of J 1522 Joy Ave., le to <b>Catholic Charities</b> egistration with payment	ent to your officiating priest or deacon. rm and send it along with the \$75.00 fee to lackson, Lenawee & Hillsdale Counties, Jackson MI 49203 a of Jackson, Lenawee & Hillsdale Count
Upon com and a le Officiating Priest or Dea Church Address: In order to regis WE C.A.R.E Make check payab Pre-re	tter of attendance will be se non and Church Name: ter, please fill out this fo ., Catholic Charities of J 1522 Joy Ave., le to <b>Catholic Charities</b> egistration with payment	ent to your officiating priest or deacon. rm and send it along with the \$75.00 fee to lackson, Lenawee & Hillsdale Counties, Jackson MI 49203 a <b>of Jackson, Lenawee &amp; Hillsdale Count</b> <i>is required. Class size is limited.</i>

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