

**PHYSICAL EDUCATION CONTENT STANDARDS, BENCHMARKS AND
DIOCESAN OBJECTIVES**

Diocese of Lansing

Grades K-8

June, 2006 Curriculum Objectives

Content Standard 13: All students will demonstrate appropriate behavior related to selected personal/social character traits that commonly emerge in a physical activity context.

1. MOTOR SKILLS (Movement: locomotor and non-locomotor)	2. PHYSICAL FITNESS (Measuring of fitness levels)	3. COGNITIVE CONCEPTS (Teaching cues and strategies)	4. PERSONAL AND SOCIAL TRAITS (Sportsmanship)
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Early Elementary Benchmark	Later Elementary Benchmark	Middle School Benchmark
1. Identify key behaviors which exemplify each of the following personal/social character traits: compassion, confidence, cooperation, fairness, honesty, loyalty, perseverance, respect, responsibility, self-discipline and work.	1. Demonstrate appropriate behaviors which exemplify each of the personal/social character traits are least 75% of the time: compassion, confidence, cooperation, fairness, honesty, loyalty, perseverance, respect, responsibility, self-discipline and work.	1. Demonstrate appropriate behaviors which exemplify each of the personal/social character traits at least 85% of the time: compassion, confidence, cooperation, fairness, honesty, loyalty, perseverance, respect, responsibility, self-discipline and work.

Code	Diocesan objective: the student will...	K	1	2	3	4	5	6	7	8
13.1.1	Apply, with little or no reinforcement, safe and cooperative behaviors by working independently for short periods of time.	I	D	D	D	M				
13.1.2	Play and cooperate with a partner regardless of personal differences such as gender, skill level or ethnicity.	I	D	D	M					

Code	Diocesan Objective: The student will . . .	K	1	2	3	4	5	6	7	8
13.1.3	Treat others with respect during play.	I	D	D	D	D	D	D	D	D
13.1.4	Work cooperatively with others to complete a variety of tasks or assignments.	I	D	D	D	D	D	D	D	D
13.1.5	Understand the purpose of rules, procedures, etiquette and respectful behaviors by demonstrating independence and good use of time while practicing physical activity.				I	D	D	D	D	D

Early Elementary Benchmark	Later Elementary Benchmark	Middle School Benchmark
2. Recognize the benefits of possessing and the cost of not possessing each of the following personal/social character traits: compassion, confidence, cooperation, fairness, honesty, loyalty, perseverance, respect, responsibility, self-discipline and work.	2. Analyze the consequences of possessing and the consequences of not possessing each of the following personal/social character traits: compassion, confidence, cooperation, fairness, honesty, loyalty, perseverance, respect, responsibility, self-discipline and work.	2. Predict, in terms of participation, in physical activities devoted to health related fitness, sports and work, the benefits of possessing and the costs of not possessing each of the following character traits: compassion, confidence, cooperation, fairness, honesty, loyalty, perseverance, respect, responsibility, self-discipline and work.

Code	Diocesan Objective: The student will . . .	K	1	2	3	4	5	6	7	8
13.2.1	Use positive conflict resolution strategies in game play situations.	I	D	D	D	D	D	D	D	D
13.2.2	Understand that time, effort and practice have a positive effect on skill development and increased personal enjoyment.					I	D	D	D	D
13.2.3	Appreciate the value of teamwork.		I	D	D	D	D	D	D	D
13.2.4	Understand the purpose of rules, procedures, etiquette and respectful behaviors by providing input into establishing rules and guidelines for behavior in physical activity settings.				I	D	D	D	D	D

Code	Diocesan Objective: The student will . . .	K	1	2	3	4	5	6	7	8
13.2.5	Accept constructive criticism from peers and teacher.				I	D	D	D	D	D
13.2.6	Introduce the skills to lead and coordinate team activities by acting as captain.					I	D	D	D	D
13.2.7	Develop understanding and leadership by officiating.						I	D	D	D