

ADULT DAY CARE: AN OPTION TO CONSIDER

Adult Day Care: An Option to Consider

Do you have a loved one experiencing obstacles to their independence as a result of memory loss. Living in a familiar environment is frequently the choice for them and their family. Caregivers often have a hard time trying to juggle their time and other responsibilities while care giving for a loved one. Being alone all day can cause the older adult to become lonely, isolated, and frightened.

BE OUR GUEST Adult Day Service can offer an alternative. We can provide recreational and social activities which helps participants find purpose and meaning to their day. They are able to make friends and participate in activities that are stimulating.

Here are some reasons to consider BE OUR GUEST Adult Day Service

- More flexible and affordable than the institutionalized care
- Emotional and social support from peers.
- Family members can work or just have some well deserved time for themselves.
- After a stimulating day older adults often are able to sleep

Livingston County Catholic Charities receives funding through the federal Older Americans Act State and Tobacco funds from the Area Agency on Aging 1-B through the Office of Services to the Aged. Funding for this program is also provided by Livingston County and the Livingston County United Way.

This program is administered by Livingston County Catholic Charities. The agency is in compliance with :

The Federal Civil Rights Act of 1964.
The Elliott Larsen Civil Rights Act (P.A. 453 of 1976)
The Michigan Handicappers Civil Rights Act (P.A. 220 of 1976); and
Section 504 of The Federal Rehabilitation Act of 1973.

Equal Opportunity employer.
Reasonable accommodation will be provided upon notification or request.



Livingston County
Catholic Charities

2020 E. GRAND RIVER
SUITE 103
HOWELL, MI 48843



GIVE AND GIFTS
WILL BE
GIVEN TO YOU
LUKE 6:38

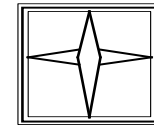
ACCREDITED



COUNCIL ON ACCREDITATION
OF SERVICES FOR FAMILIES
AND CHILDREN, INC.



Livingston
County
United Way



Livingston County Catholic
Charities
"Serving Families of All Faith"

BE OUR GUEST ADULT DAY SERVICE



2020 E. GRAND RIVER
SUITE 103
HOWELL, MI 48843

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At Livingston County Catholic Social Services we are familiar with the challenges related to the aging process. Many older adults experience symptoms of depression, grief, loss of a loved one and possibly substance abuse for the first time in their lives.

Livingston County Catholic Social Services include:

Be Our Guest Adult Day Service, Senior Resource Advocacy, Interfaith Volunteer Caregivers and Older Adult Counseling. These programs can provide support and information on resources available in the community and their families as well as the care receiver. These services are available to individuals who are 60 years of age or older as well as their caregivers.

Services can be provided at our office or in-home to those individual who are homebound.

BE OUR GUEST
Adult Day Service
2020 E. Grand River
Suite 103

Howell, Mi 48843

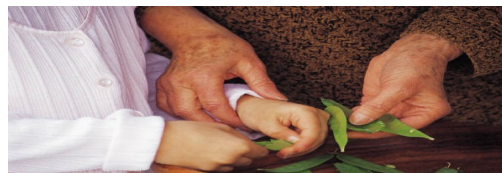
For more information contact
Pamela Bolam
Program Supervisor
517-546-9910

BE OUR GUEST ADULT DAY SERVICE

Do you have an older person in your life that you are caring for? Do you work or just need some time for yourself. We can help. Have your older adult join us for supervised daily activities in a safe and comfortable environment

Our Guests Receive

- ◆ Individual attention and care
- ◆ Socialization
- ◆ Nutritional hot meals and snacks
- ◆ Therapeutic activities
- ◆ Health monitoring



Our Caregivers Receive

- ◆ A break from 24 hour care
- ◆ A partner in care giving
- ◆ Reassurance that their loved one is safe
- ◆ Support Groups
- ◆ Information to needed community resources

How was your day?

At Be Our Guest our day consists of many enrichment choices. Our program targets the individual and enhances independence and success.

Our enrichment choices include:

- * Art Therapy
- * Cooking Groups
- * Computer & E-Mailing a Loved One
- * Current Events
- * Exercise
- * Games, Trivia, Cards, Bingo, and More
- * Gardening
- * Holiday Celebrations
- * Mentally Stimulating Activities
- Music Therapy
- * Pet Therapy

